Lewis & Clark

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Packing Tips: What to Bring

Although the College provides for your room while on campus, previous students have found it useful to bring some extra items for comfort and convenience. Here are some requirements and suggestions.

Provided by the Workshop:

- Writing notebooks, pens, and miscellaneous writing supplies.
- Access to computer laboratories, computer paper, etc.
- All workshop materials and handouts.

Items to Bring:

□ 1 set of sheets to fit XL (extra-long) twin bed, pillow, pillowcase, and towel. (Amazon.com sells XL twin sheets for about \$20)

- □ **One light weight blanket**. Even during summer, it can be cool at night, so <u>please</u> bring a blanket that will keep you warm.
- □ If you prefer not to buy sheets, you can bring a light sleeping bag and a pillow.
- □ Your favorite writing instrument, if you have one. An additional notebook.

□ Flashlight.

- □ Cell phone (good for travel, but must be turned off during Workshop events).
- □ Laptop computer (not required but nice to have)

 \Box Small room fan (optional, rooms don't have A/C; Oregon summers are not humid, but you may be more comfortable with a fan).

 \Box Spending money (\$100+) for extra snacks or sundries from the College bookstore or local grocery store, books at Powell's City of Books, or a gift for a family member while you're out on a field trip.

- □ Small reading light (optional, to supplement overhead lighting in dorm rooms).
- □ Laundry soap (residence halls have washers & dryers which are free to use).
- □ Large bath or beach towel (if you prefer a large towel to use after swimming or showering).
- \Box Travel alarm clock.
- □ Tennis shoes/racquet/balls if you want to participate in athletic events.
- \Box Flip-flops for use in the showers.
- □ Sunscreen.
- □ Stamps and stationery for writing home (also available at campus bookstore & mail room).
- □ Toiletries: shampoo, soap, toothbrush and toothpaste, etc.
- □ Money for meals while in transit.

Clothing Suggestions:

The Workshop is a casual gathering. Mid-summer weather is often warm, but can also be overcast or rainy even on the Fourth of July, so dress as Portlanders do—in layers—and bring a <u>simple rain jacket</u>, *and* a <u>fleece jacket</u> or a <u>warm sweater</u> <u>or sweatshirt</u> for the evenings. Make sure you have both <u>shorts</u> *and* <u>long pants</u>. We will do a lot of walking when we're not writing, so bring a <u>pair of sneakers or other comfortable walking shoes</u> (flip-flops will be uncomfortable on some of our hikes or urban explorations). Don't forget a <u>swimsuit</u>. You will have some free time to use the campus pools. <u>Swim caps</u> are required in the indoor pool but not for the outdoor pool.

Please Don't Bring:

This should be obvious, but please don't bring any weapons, matches, lighters, candles, fireworks, and controlled or illegal substances. If you have any doubt, leave it out (or call us to ask!). Also, remember that airlines allow only small amounts of liquid to be carried on board, so pack accordingly.

Mail to and from Home:

At the College mailroom, you can purchase stamps, send, and receive mail. Family and friends should allow a few extra days for on campus delivery of their letters and packages, addressed to: (Participant's Name), Fir Acres Writing Workshop, Lewis & Clark College MSC 58, 615 S. Palatine Hill Road, Portland, OR 97219-7899.