

Dear Students:

Thank you so much for all your efforts to keep our community healthy this semester.

Getting your flu shot is the next important thing you can do to support both personal and community health. Getting vaccinated against the flu will reduce your chances of contracting influenza and passing it on to other community members. This year, high rates of flu vaccination in our community will support our on-campus healthcare providers in accurately diagnosing both influenza and COVID-19.

Our next flu vaccination clinic is scheduled this Friday, October 23, from 9 to 11 a.m. in Pamplin Sports Center. This particular clinic is being offered by our on-campus Health Service. Students can make an appointment through the [Health Information Portal](#). The cost of the flu vaccine is \$30.00, and for this clinic, the cost will be charged to students' accounts-- please do not bring cash or checks. After the clinic, students can print a receipt for their vaccination from the Health Information Portal and submit to their health insurance for reimbursement. Note that while students enrolled in the student health insurance plan who submit their receipts can expect full reimbursement for the cost of the vaccine, the Health Service is an out-of-network provider for other insurance plans.

We have another flu vaccination clinic scheduled for Wednesday, October 28. That clinic will be offered by CVS Caremark Pharmacy. CVS Caremark will bill students' insurance plans directly. Details on signing up for that clinic will be shared soon.

Please join us in supporting community health by getting your flu shot!

Best wishes,

John Hancock, Ed.D.
Associate Dean of Students for Health & Wellness, Chief Psychologist