The Welfare Intervention Network is a multidisciplinary team of Lewis & Clark staff and faculty who share information and plan appropriate outreach efforts to support students, faculty, and staff who may be a risk to themselves or others. All Lewis & Clark community members are encouraged to reach out to WIN if they are concerned for the health or well-being of any Lewis & Clark community member.

To notify WIN of a concern, please visit go.lclark.edu/WIN.

If you are aware of an immediate threat, call Campus Safety at 503-768-7777. For off-campus emergencies, call 911; Campus Safety cannot respond to off-campus incidents.
Everyone feels stressed, depressed, or anxious at times. But sometimes these feelings can escalate to a point where someone's health or safety is at risk. Below are some guidelines that can help you respond appropriately to a community member at risk.

### What to Watch For

#### Signs of Immediate Risk
- Potential for suicidal action (saying goodbye, writing letters)
- Homicidal threats
- Beliefs or actions greatly at odds with reality
- Highly disruptive behavior
- Garbled speech, slurred speech, disjointed statements

#### Signs for Serious Concern
- Suicide warning signs
- Statements of hopelessness (e.g., “I don’t think I can go on any longer.”)
- Suicide comments or threats
- Seeking access to means of suicide
- Giving away prized possessions
- Making arrangements for a long absence
- Withdrawal
- Dramatic mood swings
- Serious academic deficiencies
- Self-injurious behavior
- New behavior that is consistently or substantially disruptive
- Seeing or hearing things that are not present
- Signs of significant eating disorder
- Substance abuse

#### Signs for Concern
- Decline in academics
- Missing classes or meetings
- Avoiding participation in planned activities
- Anxiety or agitation
- Dominating discussion
- Excessive activities combined with rapid speech
- Sleep problems or falling asleep in class
- Change in appearance (e.g., declining hygiene)
- Repeated requests for special consideration
- Unusual or exaggerated emotional response
- Signs of an emerging eating disorder
- Excessive substance use

### How You Can Help

#### Make the Call
- Call Campus Safety at 503-768-7777 or call 911.
- After you call Campus Safety, they will evaluate who else needs to receive an emergency notification.

#### Talk to Campus Resources
- Check the chart below to determine if you should contact the Counseling Service staff, Human Resources, or the Welfare Intervention Network.
- When in doubt, submit a report to WIN at go.lclark.edu/WIN and someone will respond the next business day.

#### Listen, Learn, and Talk to Campus Resources
- Engage in caring conversation with the community member relaying your concerns and problem solve possible resources both on-campus and off-campus.
- Check the chart below to see who you should contact to help the student.
- Do your best to follow up with the individual after the meeting.

### Responding to Community Members in Need

<table>
<thead>
<tr>
<th>College of Arts and Sciences</th>
<th>Graduate School</th>
<th>Law School</th>
</tr>
</thead>
<tbody>
<tr>
<td>About a Student</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Do you want a confidential consultation?</td>
<td>Call the Associate Director for Health Promotion 503-768-7112</td>
<td>Call the Associate Dean of the Graduate School 503-768-6003</td>
</tr>
<tr>
<td>Yes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>No/Unsure</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contact Counseling Services</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contact WIN: go.lclark.edu/WIN</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Causes for Concern about Academics, Social Adjustment, or Behavior</th>
</tr>
</thead>
<tbody>
<tr>
<td>College of Arts and Sciences</td>
</tr>
<tr>
<td>Call the College Advising Center 503-768-7600</td>
</tr>
</tbody>
</table>

### Additional Concerns
- Missing Student: Call Campus Safety 503-768-7777
- Physically Ill Student: Call the Student Health Service 503-768-7165

Still not sure what to do? For an immediate risk, call Campus Safety at 503-768-7777. For any non-immediate risk, visit go.lclark.edu/WIN and someone will respond the next business day.

---

<table>
<thead>
<tr>
<th>Signs of Immediate Risk</th>
<th>Signs of Serious Concern</th>
<th>Signs of Substance Abuse</th>
</tr>
</thead>
<tbody>
<tr>
<td>Call Campus Safety at 503-768-7777 or call 911</td>
<td>Call Human Resources at 503-768-6235 or visit the WIN website for a list of members to contact</td>
<td>Call the Associate Dean for Student Affairs 503-768-6610</td>
</tr>
</tbody>
</table>

go.lclark.edu/WIN