







purchased in the U.S. and is available through most travel agencies. Another option within Germany is the BAHN CARD. For €60 you receive a 25% discount on all German trains for one year. There are German rail passes similar to the American Eurail passes that allow you to travel throughout Europe. The railway system in Europe is a clean and efficient way to get around!

### **Packing**

You will be expected to carry your own luggage, sometimes for considerable distances along train platforms, so it is important that you choose lightweight yet sturdy luggage. You may not take more than two pieces of luggage on the airplane. A sleeping bag is not necessary for the program. A day pack or travel backpack will definitely come in handy for weekend excursions or personal travel.

Some students have brought skis, guitars and bicycles with them. The airlines provide packing for such items, however, it is possible to buy second-hand or new equipment in Munich and sell it after the program. Students often purchase new or used bicycles in specialized stores or flea markets, and you can always rent skis. It is not recommended that you bring a lot of bulky equipment.

### **Clothing**

The weather in Munich in the winter is cold. It is sometimes sunny, but winter temperatures are often in the 20s and 30s, so warm clothing is necessary. Germans wear lined boots and heavy coats in winter, items that you might want to purchase after you have arrived. You can find everything you need in Munich if you should forget or run out of something.

A reminder: Do not bring bedding, lamps, or stereos. Travel lightly by packing only what you absolutely need. If you find you can't get along without another sweater, you can buy one in Munich. You do not need to bring a year's supply of medication. Your insurance in Germany covers most medical costs including prescriptions.

### **Money Matters**

#### **Tuition and Costs**

The program costs include:

- Tuition for the five-week intensive Presemester Program, including an excursion to Berlin. Students earn four semester credit hours during this time.
- Tuition for all courses at the Lewis & Clark Institute
- Admission and all fees for the University of Munich.
- Rent for 11 months in a single room in the student dorm in the Studentenstadt. This includes the two-month semester break.
- All excursions offered by the program, such as Berlin, Augsburg, Neuschwanstein, Murnau or Vienna.
- Health insurance for 12 months. Students receive all benefits of the German health care system, including coverage for doctors, dentists, hospitals, and prescriptions. Also offered is coverage for health care in non-EU countries.
- Residence permit
- Lewis & Clark transcripts
- Individual tutoring to support academic progress in all courses at Lewis & Clark and the University of Munich
- A full-time Program Director and staff

Not included in the tuition are costs for food and incidental expenses, such as postage, paper, books, toiletries, individual travel and so on. Some students live very cheaply by buying their own food and cooking in the dorm, while others prefer to spend more on food by eating in restaurants. The student dining hall, the *Mensa*, provides an inexpensive lunch to those who do not want to cook.

The Year of Munich staff estimates that students need \$300-600 per month for living in Munich.

Upon arriving in Munich, students will need €100 to cover their room deposit. The deposit will be returned at the end of the year if the room has been left in good order.

### **Banking**

The most effective way to transfer funds during your time abroad is through a debit card because you can withdraw funds using ATMs located throughout the world. Funds are issued in local currency, thus avoiding fees for conversion, and can also be withdrawn in appropriate amounts, which eliminates the need to carry large sums of money.

German banks will not accept personal checks, so don't ask your parents to send you money that way. Since you will be in Munich for a year, we recommend opening a personal bank account at the Deutsche Bank 24. There you can have money sent to you in the form of an international bank draft drawable on any German bank and deposit it in your account. Credit cards are also accepted in Europe, but not as widely as in the U.S. For example, grocery stores and smaller stores (such as bookstores) do not accept credit cards.

### **Health and Insurance**

No immunizations are required for travel in Europe. However, get a tetanus shot if you have not had one in the last 10 years. It is also a good idea to bring a small medicine kit with you. Some suggestions for items are: band-aids, aspirin, vitamins, and any prescription medication. If you wear glasses or contacts, take a back-up pair and a copy of your lens prescription.

Complete health insurance is provided through the program, starting immediately upon arrival in Germany. Insurance covers all necessary medication, hospitalization and treatment. It is, however, recommended that you see your dentist before you leave.

## **III. Your Year in Munich**

### **Academic Program**

#### **Calendar**

All students participate in the *Vorsemester*, or presemester, which lasts four weeks through the month of September. During this time you will be placed in an intensive language class which will prepare you for university level work, and for which you will be granted four semester hours of credit. In addition to language classes, this time will be devoted to general orientation to Munich and its cultural and historical background.

The school year in Germany is divided into two semesters. The Fall Semester (*Wintersemester*) begins mid-October and runs until mid-February. The Spring Semester (*Sommersemester*) starts mid-April and goes until mid-July. Spring vacation (Semesterferien) between semesters lasts from mid-February through mid-April. Christmas break generally lasts from the last Friday before December 24 until January 6.

#### **Courses**

You will be able to take courses through the Year of Study in Munich, the Ludwig-Maximilians-Universität München, the Technische Universität München and the Hochschule für Musik und Theater München.

#### **Courses offered by the Year of Study in Munich**

The format of the classes offered by the Year of Study in Munich is very much like the format of classes at your home institution: lecture/discussion, readings, quizzes, papers, oral reports and a final exam. There are also excursions outside the classroom which accompany the coursework, such as visiting museums, theaters, and other cultural events. All courses are graded and conducted in German.

Year of Study classes are held in a classroom located near the university. The institute is easily accessible from the Studentenstadt by U-Bahn or bike.

### **Courses offered Vmthe University of Munich**

Students can attend *Seminare* and *Proseminare*, for which they will give a presentation (Referat), write a paper and/or take an exam. Participation in class discussions is expected. At the end of the Seminar, you will receive a certificate stating that you have completed the requirements for the course, along with a grade. In order to learn more about the vast course offerings at the University of Munich, please see the [Vorlesungsverzeichnis](#).

### **Field Trips**

During the orientation period, excursions to Neuschwanstein, Augsburg and Regensburg are offered to acquaint students with the history and culture of the state of Bavaria. A one-week trip takes students to Berlin. Here students learn the differences between the historical developments in Prussia and Bavaria, and compare political and social developments in the DDR and BRD. They also observe firsthand the issues surrounding German unification. In the past we have also taken field trips to Weimar, Dresden, Prague and Vienna during the summer semester.

### **Internships and *Deutschland 201'***

During the semester break (February/March) we encourage students to participate in an internship. Students may also participate in *Deutschland 201H*. Each year they have the opportunity to apply for travel grants in order to work on a topic related to German culture, economy or politics. During the semester break they travel through Germany, meet with representatives from German institutions, and write a report on what they have learned. They select a topic of interest which is approved by the director. *Deutschland 2011* offers a challenge for those students who are interested in discovering Germany on their own.

### **Credits**

Students must enroll for 16 hours per semester. Year of Study courses are 4 semester hours. Exams and/or term papers are required in all courses taken for credit. Letter grades are given at the end of each semester.

At the end of the program, the director evaluates all course work and forwards this information to the Registrar at Lewis and Clark College. This information is then forwarded to your home institution. You should receive an official transcript directly from your registrar.

### **Transportation in Munich**

Some students travel around Munich by bicycle and others prefer the U-Bahn which is fast, clean and safe. The ride from the Studentenstadt into town or to the L&C-Institute takes about 15 minutes. If you prefer to see where you're going, make use of the excellent *Straßenbahn* system. You can purchase a *Monatskarte* at a substantially reduced rate as a student. You will be informed in detail about transportation when you arrive.

## Lodging

### The Studentenstadt

About 10 minutes from the university by subway and located on the edge of the English Garden, the Studentenstadt is home to all students on the program. The "student city" consists of dorms of various sizes, from "bungalows" (2-story buildings), to *Hochhäuser* (8-story buildings). Within the Studentenstadt there is a bakery, gym, tennis courts, a library and several *Kneipen* where students can get something to eat or drink. It is possible to work in one of these *Kneipen* to earn extra money. There are two discos, "Mad Max" and "Underground." Intramural sports are also offered. Washing facilities are located in each dorm.

### Rooms and Dorm Layout

Each student has his or her own spacious room complete with bed and bedding, sink, closet, bookshelves, desk and a chair. Students share a bathroom with other students on the floor. Each floor has a kitchen and an *Aufenthaltsraum* (lounge) with a TV and a space to eat. One of the best ways to get to know your floormates is to cook and eat with them. Not only do students make new acquaintances, but they also improve their German!

## IV. Ten frequently asked questions before leaving the U.S.:

### 1. What should I bring?

You are having to pack for a year-long trip. Munich has a climate similar to that of Portland (mild and rainy), but it can be very cold in winter. There are enough places to buy clothes and many of our students find winter clothes at good prices. One dressy outfit for operas, etc. is recommended. A travel backpack is a good idea to bring for weekend trips and travel during the breaks. There are always radios, etc. to buy here (either from previous students or from a flea market). Some students bring their sports bikes for a small extra fee with most airlines. Medication is free, so you don't need to bring a year's supply unless you feel more comfortable that way. Bring your Germany dictionary.

### 2. Will I have enough money?

Your room and your health insurance are paid for. Depending on your lifestyle, you should calculate between €250 and €500 per month. €250 is the minimum you will need; this does not include: theater tickets, overseas phone calls, etc. Also consider budgeting for weekend trips or travels during the breaks.

About one-third of the students have a job (cleaning, babysitting, tutoring, etc). This can supplement your allowance.

### 3. Will I get credit at my home institution?

It is important to contact your advisor prior to your departure. The L&C classes are outlined in this handbook. The University of Munich publishes current course offerings and course descriptions in the [Vorlesungsverzeichnis](#). There are standard courses (i.e. Organic Chemistry or Microeconomics), but about half of the courses change from semester to semester (i.e. The Automobile in the American Society).

### 4. Is my German good enough?

Two years of college German are usually sufficient. Speaking only German once you are here and participating actively in our German courses will ensure maximum progress. You also have the option of taking a two-month preparatory language course at the University of Munich (July /August)..

5. Do I have time for activities?

We encourage our students to participate in the rich cultural life that Munich has to offer, both inside and outside academics, such as university choir, *Hochschulsport*, concerts, plays or just meeting German people. The academic workload is designed to allow you sufficient free time to take part in these activities.

6. How hard is it to meet German people?

Sometimes Germans seem to be more reserved than Americans. The Studentenstadt is an optimal place for meeting Germans. There are several places to do this within and around the Studentenstadt such as: cafés, discos, the *Turnhalle*, etc. Joining a sports club, going to festivals and participating in community activities are great ways to meet Germans outside of the Studentenstadt.

7. Can I find a job?

Many of our students work throughout the year. Jobs range from working in a bagel shop to translating papers for companies or even tutoring English. Some students prefer to have more flexibility and do odd jobs such as babysitting, cleaning, or doing one day jobs through the *Arbeitsamt* (moving, painting etc.). Working, however, takes time away from your studies and your extracurricular activities, which are both very important in order to be successful here and to get the most out of your stay.

8. Are university courses very different?

There are 60,000 students at the University of Munich and class sizes are therefore usually large. Students can take "Seminare," for which they are expected to give a presentation, write a paper and/or take an exam. At the end of the Seminar, you will receive a certificate stating that you have completed the requirements for the course, along with a grade. You may take courses your first semester at the university, and are expected to do so the second semester.

9. How do I get around in Munich?

The public transportation system in Munich is not only extensive (Bus, Tram, U- & S-Bahn), but easy to use. Munich is also a flat city, which makes it ideal for bike riding. There are more bike paths in Munich than in any other city in the world. Many of our students choose to ride their bikes in and around town. It is a 15 minute bike ride to the University from the Studentenstadt.

10. Should I bring my laptop?

There are computers available at the University of Munich, however not as many as you are used to. Often students have to wait to use a computer. We also have a computer in our classroom that may be used all the time. There is nothing wrong with bringing your own laptop, and if you chose to do so, just remember to bring an adaptor, since Germany has a different power system.



## **V. Contact Addresses**

You or your family can dial Herr Saborrosch directly at any time.

### **Ralf Saborrosch, Program Director**

Kaulbachstr. 26  
80539 Munich  
Germany

Ph: dial 011 for an international line, then 49- Germany- 89- Munich -28675-692

Fax: 011-49-89-28675-717

Email: [ralf.saborrosch@lrz.uni-muenchen.de](mailto:ralf.saborrosch@lrz.uni-muenchen.de)

LEWIS & CLARK COLLEGE  
OVERSEAS & OFF-CAMPUS PROGRAMS  
0615 SW Palatine Hill Rd.  
Portland, Oregon 97219  
Ph: (503) 768-7295  
Fax: (503) 768-7300  
Email: [overseas@lclark.edu](mailto:overseas@lclark.edu)  
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