

Week 3: Happy Black History Month!



We hope everyone is getting back into the swing of things after a rough start to the semester! This Thursday is February 1st -- the month of February marks Black History Month, and IME in collaboration with BSU and our BHM Planning Committee has tons of programming to celebrate all month long! Read below to learn about Black History Month events, GEM gatherings, and more!

For PDF versions of archived, visit the IME website or click this <u>link</u>.

What's Happening

Here's what's in this week's IME Newsletter:

Black History Month

- · Black History Month Calendar
- Black Joy: Friends, Lovers, and Other Relationships
- Black History Month Dinner: Being Black Beyond the Academy

IME Events

- IME Welcome Back Karaoke RESCHEDULED
- GEM Gathering: IME Trivia
- Game Night
- LGBTQ+ Drop-In Office Hours

More Events

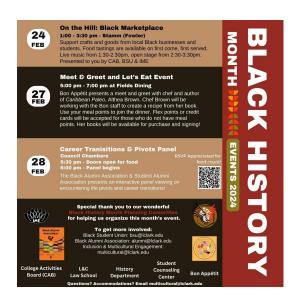
- · MENA Student Union Starting This Semester
- Carve out time for yourself with Awakened Awareness Wellness Workshops

Black History Month

Black History Month Calendar

How will you honor Black History Month?! Join IME, BSU and the Black History Month planning committee in various activities and events throughout January and February. View the flyer to learn more!







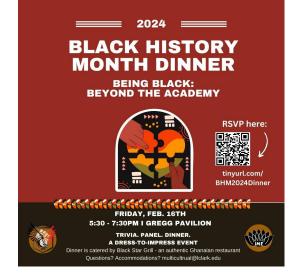
Black Joy: Friends, Lovers, and Other Relationships

Thursday, February 8 4:30-6:30pm IME Suite (3rd floor Fowler)

We invite you to reflect on your relationships, friendships, romantic, distant, etc. The student Counseling center and GEM are collaborating to provide you a space to discuss these relationships and/or make cards for the people you want to see smile. All materials and chocolates provided.

Black History Month Dinner: Being Black Beyond the Academy

Friday, February 16 5:30-7:30pm Gregg Pavilion On behalf of the Office of Inclusion and Multicultural Engagement (IME) and Black Student Union (BSU), we are excited to invite you to join us for a Black History month dinner and alumni panel. We will be engaging in discussion around Blackness and how it has shaped the experiences and careers of our panelists. Dinner will be catered by a local Ethiopian restaurant.



RSVP Here



IME Events





IME Welcome Back Karaoke - RESCHEDULED

Wednesday, February 7 6:00-8:00pm IME Suite (3rd floor Fowler)

Let's sing in this new year! Join IME in a welcome back karaoke night! 6-8pm in the IME suite.

Pizza will be provided and will be served on a first come, first served basis.

GEM Gathering: IME Trivia

Friday, February 2 5:00-6:00pm IME Suite (3rd floor Fowler)

Come to IME to play Trivia! There will be a special prize for the winning team! RSVP by January, Wednesday 31.

Themes to brush up on before playing

the game:

- IME Staff
- IME GEM Mentors (past and present)
- Wokeshops
- Sports
- and more!



Register Your Team



Questions? Accommodations? email multicultural@lclark.edu

Game Night

Friday, February 9 4:00-5:45pm IME Suite (3rd floor Fowler)

Come and hang out in the IME Suite and play games. Play with ours or bring your own!

Coffee and tea provided!

RSVP Here

LGBTQ+ Drop-In Office Hours

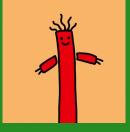
Do you identify as LGBTQ+? Need guidance or just want to chat? Come visit Avery during office hours, Tuesdays from 12-1 pm and Wednesdays from 2-3 pm, beginning January 30th in the IME Suite.

Questions? email multicultural@lclark.edu or averykelly@lclark.edu.





More Events

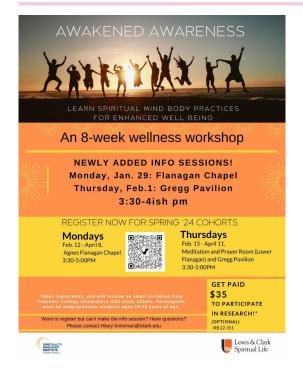


MENA Student Union Starting This Semester

We are excited to share that there will now be a MENA Student Union on campus! If you identify as a student from the Middle East and North Africa region, please fill out the linked interest form and stay tuned for news about future meetings/events!

Interest Form





Carve out time for yourself with Awakened Awareness Wellness Workshops

Awakened Awareness begins soon! Learn practical tools to reduce stress and improve your life. M or TH cohorts will meet from 3:30-5:00pm for 8 weeks, and will focus on guided meditations, mindfulness practices, and more.

Info sessions on Monday, Jan. 29 (Flanagan) and Thursday, Feb. 1 (Gregg Pavilion) from 3:30-4:15pm. Optional paid research study- get paid \$35! Groups begin week of 2/12.

Sign Up Here

Visit the IME Suite on the 3rd floor of Fowler: 9-5pm Monday to Friday

If you would like to submit something to be added to the IME newsletter, please fill out the form below. The IME newsletter goes out every Monday morning (or Tuesday if Monday is a holiday). All submissions to make it into the weekly newsletter must be done by Friday at 5pm or they will be put in the next week's newsletter.

Newsletter Submission

Stay Connected with IME



Lewis & Clark College | 0615 SW Palatine Hill Rd., Portland, OR 97219

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